



NUTRITION MATRIX

Nutrition analysis conducted by:



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ITEM	PORTION/UNIT	CALORIES	TOTAL FAT (grams)	SATURATED FAT (grams)	TRANS FAT (grams)	CHOLESTEROL (milligrams)	SODIUM (milligrams)	CARBOHYDRATES (grams)	DIETARY FIBER (grams)	SUGARS (grams)	PROTEIN (grams)	VITAMIN A (daily values)	VITAMIN C (daily values)	CALCIUM (daily values)	IRON (daily values)
Pizza - 6 Meat Deluxe	1 Slice (1/8 pizza)	350	15	7.0	0	45	1080	30	2	2	19	4%	2%	15%	15%
Pizza - Bacon & Cheddar	1 Slice (1/8 pizza)	390	18	10.0	0	65	960	29	1	2	22	8%	4%	30%	10%
Pizza - BBQ Chicken	1 Slice (1/8 pizza)	340	12	7.0	0	50	900	36	2	7	18	8%	4%	25%	10%
Pizza - Big Ten	1 Slice (1/8 pizza)	310	12	6.0	0	35	880	31	2	2	16	6%	8%	15%	15%
Pizza - Buffalo Chicken	1 Slice (1/8 pizza)	330	14	6.0	0	50	1150	30	1	2	17	6%	8%	25%	10%
Pizza - Canadian Bacon	1 Slice (1/8 pizza)	240	6	3.5	0	25	610	31	2	3	12	6%	4%	15%	10%
Pizza - Cheese	1 Slice (1/8 pizza)	260	8	5.0	0	30	600	31	2	3	12	8%	10%	20%	10%
Pizza - Cheeseburger	1 Slice (1/8 pizza)	280	9	4.5	0	25	1030	31	2	2	15	4%	2%	15%	15%
Pizza - Chicken Bacon Ranch	1 Slice (1/8 pizza)	340	15	5.0	0	45	800	31	2	2	17	4%	6%	15%	10%
Pizza - Double Decker	1 Slice (1/8 pizza)	440	24	12.0	1	75	1210	31	2	2	21	10%	8%	35%	15%
Pizza - Fiesta	1 Slice (1/8 pizza)	340	14	7.0	0	35	800	35	2	2	16	15%	6%	25%	15%
Pizza - Beef	1 Slice (1/8 pizza)	250	8	4.5	0	25	700	29	1	1	13	4%	0%	15%	15%
Pizza - Hawaiian	1 Slice (1/8 pizza)	280	9	4.5	0	35	700	31	1	3	15	4%	6%	15%	10%
Pizza - Italian Sausage	1 Slice (1/8 pizza)	260	8	4.0	0	25	680	31	2	2	13	6%	4%	15%	15%
Pizza - Pepperoni	1 Slice (1/8 pizza)	270	10	5.0	0	30	680	31	2	2	12	6%	10%	15%	10%
Pizza - Pepperoni Pounder	1 Slice (1/8 pizza)	440	24	12.0	1	75	1210	31	2	2	21	10%	8%	35%	15%
Pizza - Sausage	1 Slice (1/8 pizza)	270	8	4.5	0	25	720	32	2	3	13	6%	10%	15%	15%
Pizza - Supreme	1 Slice (1/8 pizza)	290	10	5.0	0	30	740	31	2	2	14	6%	8%	15%	15%
Pizza - Triple Cheese	1 Slice (1/8 pizza)	330	14	9.0	0	50	730	29	1	1	17	8%	0%	35%	10%
Pizza - Triple Pepperoni	1 Slice (1/8 pizza)	370	18	9.0	0.5	55	1050	32	2	3	17	8%	15%	20%	15%
Pizza - Veggie	1 Slice (1/8 pizza)	250	7	3.5	0	20	560	33	3	3	11	8%	8%	15%	15%
Pizza - Stuffed Crust (add)	1 Slice (1/8 pizza)	70	4	2.0	0	15	220	1	0	0	8				
Breadsticks - Alpine	1 Piece (42 g)	110	3.5	1.0	0	5	210	14	1	1	4	2%	0%	4%	6%
Breadsticks - Cinnamon	1 Piece (42 g)	120	4	0.0	0	0	150	19.5	0	6	3				
Breadsticks - Garlic	1 Piece (42 g)	120	4.5	1.5	0	4	210	14	1	1	4.5	5%	0%	5%	5%
Calzone - 3 Cheese	1 Slice (1/8 calzone)	310	14	6.0	0	30	650	29	1	1	13	6%	0%	20%	10%
Calzone - 6 Meat	1 Slice (1/8 calzone)	280	11	4.0	0	25	740	30	1	2	13	2%	2%	10%	15%
Calzone - Big 8	1 Slice (1/8 calzone)	300	13	4.5	0	25	800	30	2	2	13	4%	8%	10%	15%
Calzone - Cheeseburger	1 Slice (1/8 calzone)	240	6	3.0	0	15	810	30	2	2	13	4%	2%	10%	15%
Calzone - Mexican	1 Slice (1/8 calzone)	290	10	4.5	0	20	740	33	2	3	13	10%	15%	15%	15%
Calzone - Original	1 Slice (1/8 calzone)	290	12	4.0	0	20	720	30	1	2	11	2%	2%	10%	10%
Calzone - Supreme	1 Slice (1/8 calzone)	260	11	3.5	0	20	650	27	1	2	11	2%	6%	8%	10%
Stromboli	1 Slice (1/8 stromboli)	280	11	3.5	0	25	660	30	1	2	12	2%	8%	8%	10%
Sandwich - Chicken	1/2 Sandwich	360	15	5.0	0	50	1440	37	2	4	21	4%	4%	15%	10%
Sandwich - Chicken Bacon Ranch	1/2 Sandwich	390	17	6.0	0	60	960	37	2	4	22	6%	20%	20%	15%
Sandwich - Chicken Italian	1/2 Sandwich	370	18	7.0	0	40	840	35	2	2	16	6%	6%	20%	15%
Sandwich - Club	1/2 Sandwich	410	20	7.0	0	55	1480	36	2	4	23	4%	6%	20%	15%
Sandwich - Ham & Cheese	1/2 Sandwich	380	17	6.0	0	45	1420	36	2	3	20	4%	4%	20%	15%
Sandwich - Italian Sub	1/2 Sandwich	390	21	7.0	0	30	950	36	2	2	14	6%	6%	20%	15%
Sandwich - Submarine	1/2 Sandwich	390	19	7.0	0	40	1270	36	2	3	17	6%	6%	20%	15%
Sandwich - Turkey & Cheese	1/2 Sandwich	360	15	5.0	0	50	1440	37	2	4	21	4%	4%	15%	10%
Sandwich - Veggie	1/2 Sandwich	350	16	6.0	0	20	750	39	3	4	12	10%	50%	20%	15%
Wings - Boneless Plain	3 Pieces	180	8	1.5	0	25	710	16	1	0	11				
Wings - Boneless BBQ	3 Pieces	170	7	1.5	0	45	630	10	1	5	17				
Wings - Boneless Hot	3 Pieces	160	8	1.5	0	45	440	5	0	0	17				
Wings - Traditional Oven Roasted	3 Pieces	193	14	3.5	0	92	404	0	0	0	16.5				
Wings - Traditional Hot	3 Pieces	170	11	3.0	0	70	300	1	0	1	15				
Wings - Traditional BBQ	3 Pieces	160	10	2.0	0	80	330	4	0	1	13				
Cookie Cake - 12"	1oz (10oz cookie)	120	6	3.0	0	5	85	18	0	12	1	0%	0%	0%	6%
Cookie Cake - 8"	1oz (28oz cookie)	120	6	3.0	0	5	85	18	0	12	1	0%	0%	0%	6%
Pizzadilla - Spicy Beef	1 Slice (1/6)	290	10	4.5	0	15	810	30	2	2	13	4%	2%	10%	15%
Pizzadilla - Chicken	1 Slice (1/6)	240	7	4.7	0	25	680	28	2	2	14	4%	2%	10%	15%
Pizzadilla - Cheese	1 Slice (1/6)	260	8	5	0	30	690	31	2	2	15	4%	2%	15%	15%
Keto Bowl	Bowl	190	12	6	0	35	880	3	1	1	16	6%	8%	10%	10%