Sandwich-Chicken Italian

Nutrition Facts

Serving Size 1/2 sandwich (128g)

Amount Per Serving

Calories 370 Calories from Fat 160

	% Daily Value*
Total Fat 18g	28%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 840mg	35%
Total Carbohydrate 35g	12%
Dietary Fiber 2g	8%
Sugars 2g	

Protein 16g

Vitamin A 6%	• Vitamin C 6%
Calcium 20%	• Iron 15%

^{*}Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydra	ate	300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4